Core Skills - Video Presentation Outline

In Core Skills, the purpose of the video presentation is to give you feedback on an EFT process you have done with a couple. Please bring in a 15-20-minute segment of your work with the couple. The focus is on:

1. Giving you feedback as to whether you are implementing EFT
2. How you are conceptualizing EFT
3. How you are using the experiential, in the moment, EFT processes with your couple.

Please carefully read the following guidelines for your Video Presentation:

1. Each Presentation will be given about 60 minutes overall.

2. Background:
    a. Take 10 minutes to:
        1. Tell us what the Presenting Problem was.
        2. Use the Infinity Loop to describe the couple's pattern as best as you can.
        3. Minimal history of the relationship or family of origin is helpful.
        4. Present Process is key to EFT. We will focus on the Present Process in your video.

3. Pick a 15 - 20minute segment of your video you would like to have reviewed.
    a. Tell us where you are at in using the model.
    b. Tell us what kind of feedback you would like.

4. Feedback and Q & A from the Workshop leader and participants will be about 20 minutes.

If you need any clarifications, please contact info@eftedmonton.com .

Core Skills Coordinator