

EFT Newsletter



Changes at EFTEC

Hello friends and colleagues. I am thrilled to be the new Editor of the Edmonton and Alberta-wide EFT Newsletter!! As spring finally appears to be approaching us, I want take a moment to keep you in our inner circle and tell you about the exciting news within our Community! First off, I would like to welcome our new Chair of the EFTEC Board, Amrita Bhar. She will be steering the EFT Board with a fresh perspective as we take on the challenge of expanding our community. Murray Armstrong, former Chair of the EFTEC Board, has stepped down in order to be able to focus on Supervision, Trainings, and Certification of our community and our EFTEC members. Additionally, we have 2 new

**Check out our Events
Calendar at:
<https://eftedmonton.com/training-events-1>.**

Supervisors-in-Training who are open to accepting new supervisees – yay to Tara Boothby and Penney Hartsen!! If you are looking for a supervisor, take a look at our website (www.eftedmonton.com) for their contact information. ■

Looking back on 2017!

It has been a busy 2017!! Last year, we have had quite a lot of events happening, from guest trainers coming in to present on the Shame and

Trauma workshops to providing EFT trainings to yet another group of talented new EFT clinicians. Be on the lookout for further

EFT Workshops and our next EFT Externship and Core skills, by checking out our Events Calendar on our website.

We also ran our popular Fun & Film events where attendees view EFT videos over popcorn and a glass of wine or juice. It's a must see!

Lastly, many of the Board members went to the 4th International EFT Summit, in the lovely San Diego, California. They had a lot of fun in their matching T-shirts, as you can tell!! ■



4th International EFT Summit. (from the left): Murray Armstrong, Shenny Kamali, Sue Johnson, Amrita Bhar, Sherry Antonucci, Donna Armstrong, and Penney Hartsen.

Looking Ahead!

2018 is shaping up to be another fabulous year with various upcoming trainings that you don't want to miss (see our website for more information). For more information about our workshops, contact us at info@eftedmonton.com.

Most importantly, join our EFT community and participate in professional development where you can learn but also have fun and network! We have recently rolled out our Lifetime Memberships,

however, you are still able to join EFTEC with a Yearly Membership. Remember that you must be a Member of ICEEFT first (iceeft.com)! There are various perks available for EFTEC members.

EFTEC Membership Perks

- Advertise your name on the EFTEC website as having attended the Externship or being a Certified EFT Therapist or Supervisor.
 - Have your name listed as EFT trained when the public is seeking an EFT therapist in Alberta.
 - Attend EFTEC social and education events at a reduced cost.
 - Be given priority consideration when applying to attend any EFTEC sponsored events, workshops, etc.
 - Be able to connect with other EFT trained therapists in the Edmonton and greater Alberta area.
 - Connect with other like-minded therapists and create lifelong friendships.
 - Be an active part of spreading the brilliance and efficacy of the EFT Therapy.
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In service of the EFT Board and our Community,



**LANA BRYANTON,
REGISTERED PSYCHOLOGIST
& EFTEC NEWSLETTER EDITOR**



We're on the Web!
eftedmonton.com

Contact Us
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**EFT EDMONTON COMMUNITY (EFTEC)
SUPPORTS EDMONTON & GREATER ALBERTA
AND IS A PLACE FOR:**

**Therapists and people helpers who are interested in Emotionally
Focused Therapy and want to**

- Connect with like-minded individuals
- Form consultations groups
- Seek further training
- Experience the support of our EFT community
- Advertise your business

People looking for Emotionally Focused Therapy through

- Individual therapy
- Couples therapy
- Family therapy
- Groups ■